



Preparation checklist for gastrointestinal bleeding management. Confirm exact timing with the hospital team before your visit — this is general guidance, not a substitute for your doctor's specific instructions.

1

A FEW DAYS BEFORE

Tell the team about diabetes, high BP, heart or kidney disease, pregnancy, allergies, or any previous anesthesia problems.

2

A FEW DAYS BEFORE

Tell the doctor about aspirin, clopidogrel, warfarin or any other blood thinner you take.

3

THE EVENING BEFORE

Fasting is usually needed for 6–8 hours before the procedure, but confirm the exact timing with the hospital team.

4

DAY OF YOUR PROCEDURE

Bring previous reports, arrive with time to spare, and come with an adult attendant if sedation is planned.

5

AFTER YOUR PROCEDURE

If sedation was given, avoid driving, alcohol or important decisions for the rest of the day — arrange a ride home.