

Preparation checklist for fibroscan. Confirm exact timing with the hospital team before your visit — this is general guidance, not a substitute for your doctor's specific instructions.

1**A FEW DAYS BEFORE**

Tell the team about diabetes, high BP, heart or kidney disease, pregnancy, allergies, or any previous anesthesia problems.

2**A FEW DAYS BEFORE**

Tell the doctor about aspirin, clopidogrel, warfarin or any other blood thinner you take.

3**THE EVENING BEFORE**

Fasting is usually needed for 6–8 hours before the procedure, but confirm the exact timing with the hospital team.

4**DAY OF YOUR PROCEDURE**

No special fasting is usually needed for a liver scan, but confirm with the team and wear comfortable clothing.

5**AFTER YOUR PROCEDURE**

If sedation was given, avoid driving, alcohol or important decisions for the rest of the day — arrange a ride home.