

Preparation checklist for colon polyp removal. Confirm exact timing with the hospital team before your visit — this is general guidance, not a substitute for your doctor's specific instructions.

**1****A FEW DAYS BEFORE**

Tell the team about diabetes, high BP, heart or kidney disease, pregnancy, allergies, or any previous anesthesia problems.

**2****A FEW DAYS BEFORE**

Tell the doctor about aspirin, clopidogrel, warfarin or any other blood thinner you take.

**3****THE EVENING BEFORE**

Follow the bowel-cleansing (laxative) course and clear-liquid diet exactly as timed by the hospital team; avoid red or purple colored liquids.

**4****DAY OF YOUR PROCEDURE**

Bring previous reports, arrive with time to spare, and come with an adult attendant if sedation is planned.

**5****AFTER YOUR PROCEDURE**

If sedation was given, avoid driving, alcohol or important decisions for the rest of the day — arrange a ride home.